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Clausen Shines; Russian Men, Chinese Women Dominate

Mezidon, France--At the start of the year, Allen James' 3:55:39 from 1994 was the fastest 50 Km ever walked by an American. In February, Curt Clausen took that down by 61 seconds, but that was in a race in which he suffered intestinal problems that cost him significant time. It appeared he was ready for a lot better. Indeed he was! In the May 2 World Cup race he stormed through the field on the final 10 Km to take the mark all the way down to 3:48:04! Not in the top 20 at the 40 Km mark, he moved clear up to 11th at the finish. That certainly deserves a headline. (See above.)

Surprise winner of the race was Kazakhastan's Sergey Korepanov who recorded the fifth fastest 50 km ever--3:39:22. Korepanov had never been in such a position in a major race before. He was eighth in the Atlanta Olympics and ninth in the 1995 World Cup. In the last World Cup (1997) he managed only 43rd at 20 Km.

It didn't come easily for him this time. At 30 km, he trailed Russia's Nikolay Matyukhin by 62 seconds and was in fourth place. He moved to second at 40 Km and had cut the lead to 20 seconds. Covering the final 10 in 43:14, he left the Russian 51 seconds back at the finish. Nearly as fast over the final 10 was Poland's Tomasz Lipiec (he had 43:22) who came from fourth to nip Matyukhin by 5 seconds for the silver medal. Lipiec got himself out of a rut with this performance. He was fifth in both the World Cup and World Championship 50s in 1997 and was ranked fifth in the world in both 1997 and 1998.

The Russians were easy team winners with German Shurygin and Yevgeniy Shmalyuk following closely in fifth and sixth. That followed up another decisive win in the 20 the day before where they finished third, seventh, and ninth, as Mexico's Bernardo Segura won in 1:20:20.

In the first ever women's championship contested at 20 Km (it has always been 10 Km), the Chinese dominated, placing all five walkers in the top 13, although they beat the Russians by only 3 points. (Three walkers score with cross country scoring, i.e., low score wins. This is a change from previous World Cup scoring, but we won't go into the details.) China's Hongyu Liu won the race in 1:27:32, beating Russia's Natalya Fedoskina by just 3 seconds and missing her own world mark by only 2 seconds.

Russian Yelena Nikolayeva, the 1997 winner at 10 Km, was determined to defend that title at 20 and took the lead from the gun. In a blazing sun and with soaring temperatures, she broke from the pack and left teammate Nadyazeva, Liu, Romania Norica Cimpean and Claudia Iovan, and Lyudmila Dolgpopolova (Belarus) in a pack behind her. At 10 Km, Nikolayeva was 38 seconds ahead of Cimpean in 43:05, with Russia's Natalya Fedoskina, Iovan and Liu bunced at 44 minutes. They had 25 seconds on sixth place Tamara Kovalenko (Russia).

Cimpean accelerated somewhere before 15 km, realizing that the gap needed to be closed or the race was over. By 16 Km she was just 16 seconds back and Liu, Fedoskina, Nikolayeva, and Ryashkina were also closing fast. Cimpean soon took the lead, but within 100 meters Liu had collared her and begin to open a gap. Fedoskina moved into second and chased Liu all the way to the finish, but could never quite get on terms. Cimpean also gave a gallant effort, but couldn't quite match the pace of the other two and settled for bronze, well clear of a fading Nikolayeva.

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China's Yan Wang caught Iovan for fifth as Ryashkina gave up altogether and dropped out.

The U.S. reportedly got the worst starting position as the athletes lined up as teams and had to work their way through the field right from start. In the end, they never quite managed that and Michelle Rohl led the way with a 1:36:50 in 46th followed by Joanne Dow with 1:38:08 in 53rd, and Danielle Kirk with 1:39:10 in 58th. Not a disaster, but not quite what they had hoped for.

The 20 was a great race for Segura who has been plagued with DQs in major races through the years. Ranked second in the world in 1994, fifth in 1995, and third in 1996, he has gone unranked since and been in the shadow of teammate Daniel Garcia during that time. In this race, the world record holder blitzed the final 2 km lap to secure a well-deserved victory.

Poland's Robert Korzeniowski, the Olympic and World champion at 50, but always a threat at 20 as well, led through much of the race, but Guatamala's Julio Martinez led a pack of 11 walkers as they passed the 15 km mark in 1:00:55. Martinez was Illking strong as he shared the lead with Segura, Korzeniowski, Vladimir Andreyev (Russia) and Guohui Yu (China). Then, with 3 kms to go, Martinez was shown the red paddle, having collected his third red card, and the others were left to battle it out.

It was Segura who proved fastest and strongest as he was clearly in control from that point and needed just 19:25 for his final 5 Km. Yu tired desparately to close the gap and did so in the final meters to lose by just 1 second. After the race, Segura noted, "I was really confident and so I didn't look around towards the end. The crowd was shouting us on and so I couldn't hear my teammates warning me. It was only as I came up to the finish line and saw the picture on the big screen that I realized just how close Yu was, so I was really sprinting at the end!" Andreyev also finished strongly and was just 9 seconds back at the finish as Korzeniowski faded to fourth in 1:20:52. still well clear of Garcia, who just edged Mikhail Khmeltnitskiy for fifth. Canada's Arturo Huerta walked the race of his life for a 10th place finish in 1:22:26. However, it was not a good day for Huerta's better known mate TIm Berrett who struggled to a 47th place finish in 1:29:01.

Nor was it a good day for the U.S. team with everyone 4 minutes or more off their Trials performances. Tim Seaman had a decent race with 1:27:20 in 35th. And Jonathan Matthews was probably disappointed, but his 1:30:38 in 63rd is not bad for a man of his advanced years in these conditins. Kevin Eastler, with no experience at this level was well short of his trials performance, but as noted, so was everyone else.

The 50 was held on the second day of competition. By 20 km, the pack was thinning out, but a lead pack of 16 walkers was separated by only 7 seconds with Germany's Denis Trautman and Matyukhin leading in 1:29:15. Korepanov was in 11th, but only 3 seconds off the pace. Lipiec was fifth in 1:29:16. As is typical in these races, following a 45:13 start, the second 10 had taken just 44:02.

Matyukhin and Mexico's Joel Sanchez tried to blow the race open over the next 10 Km, going through 30 in 2:12:04 (42:49 for 10 Km) with a 48 second lead on Aigars Fadejevs from Latvia. Following them, was a pack of seven walkers separated by just 7 seconds and led by Korepanov and Mexico's Ignacio Zamudio in 2:13:06, better than a minute off the lead. Also in

the pack Lipiec, Modris Liepins (Lat.), Viktor Ginko (Belarus), Miguel Rodriquez (Mex.), and Andrey Plotnikov (Russia). Trautman, Rene Piller (France), and Aleksey Voyvodin (Russia) were together in 2:12:31, with Ecuador's Olympic 20 Km champ Jefferson Perez and Jesus Garcia (Spain) on their heels. Mexico was in command of the team race at this point walking second, fifth, and ninth, with 1987 champ Carlos Mercenario in reserve in 18th. The Russians were 1, 10, and 13 with no other team seemingly in contention.

However, that changed quickly. Matyukhin started to pull away from Sanches after 32 kilometers, the Mexican apparently having spent himself on the earlier break. By 40 Km, Matyukhin was on his own in 2:55:48 (43:44), but Korepanov had cut into the lead with a 43:02 and was just 20 seconds back. Jesus Garcia had moved from 14th and was a stride ahead of Lipiec in third in 2:56:46. Ginko (2:57:08) and Perez (2:57:29) followed. With the Mexicans fading, the Russians now controlled the team race walking 1,7, and 9. Rodriquez had moved up one spot to 8th, but Zamudio was out of the race and Sanchez was back to 12th and struggling.

Korepanov moved into the lead at 42 km and was on his way to the gold. Lipiec, was more than 30 seconds back of Matyukhin at the start of the final 2 Km lap and still trailing Garcia. However, his surge over the final lap soon overtook Garcia and then he caught the Russian with a kilometer to go and beat him to the line by 5 seconds. Garcia held onto fourth over a fast closing Skurygin. With Shmalyuk also moving up the on the final lap, the Russians were easy team winners. The Mexicans continued to fade and dropped all the way to sixth in the team battle as Spain stormed through on the final 20 Km to finish a strong second.

Korepanov was pleased with his performance. "I was just waiting until the 35th kilometer, saving all of my energy, because I knew the weather was changing and that it was going to be sunny and hot," he said. "From then on it was a constant acceleration to the finish. I really think that this was a perfect race." Lipiec was equally happy. "It was very strange today, very cold at the start and very hot towards the end, but when I saw that Nikolay was starting to weaken, I thought that I could overtake him and so I accelerated. Being able to walk with Garcia was a great help; he is my best friend on the circuit and he helped me through the race." Less pleased was Matyukhin: "I don't think I attacked too early. This is my tactic; I always prefer to take the lead and if it goes, it goes. I don't know any other way. The problem is that Sanchez lost the pace and fell back and it was too difficult to keep that pace alone. Being beaten for second was even more disappointing than losing the gold, because we were so near the finish that I had no time to react."

Sparked by Clausen's outstanding race, the U.S. team captured 10th, just one point back of Slovakia. Philip Dunn also had a great race, improving on his Trials performance by nearly 5 minutes and becoming the ninth U.S. walker to crack the 4 hour barrier with his 3:59:53 in 45th. Andrew Hermann, not quite up to his best, rounded out the scoring with a 4:08:47 in 60th. And old man, but 50 Km novice, Gary Morgan also improved on his Trials race to take 67th in 4:13:13. And here are the results:

Women's 20 Km, May 1: 1. Hongyu Liu, China 1:27:32 2. Natalya Fedoskina, Russia 1:27:35 3. Norica Cimpean, Romania 1:27:48 4. Yelena Nikolayeava, Rus. 1:28:23 5. Yan Wang, China 1:29:15 6. Claudia Iovan, Rom. 1:29:39 7. Hongmiao Gao, China 1:30:03 8. Maria Graciela Mendoza, Mexico 1:30:03 9. Susana Feitor, Rortugal 1:30:13 10. Tamara Kovalenko, Rus. 1:30:20 11. Hong Li, China 1:30:35 12. Maria del Rosario Sanchez, Mex. 1:30:52 13. Hailian Pan, China 1:31:17 14. Katarzyna Radtke, Poland 1:31:26 15. Lyudmila Dolgopolova, Belarus 1:31:43 16. Kjersti-Tysse Platzer, Norway 1:31:45 17. Svetlana Tolstaya, Kazahkstan 1:31:46 18. Jane Saville, Australia 1:31:58 19. Celia Marcen, Spain 1:32:14 20. Elisabetta Perrone, Italy 1:32:21 21. Kerry Saxby-Junna, Aus. 1:32:24 22. Maya Sazonova, Kaz. 1:32:29 23. Maria Vasco, Spain 1:32:38 24. Olga Kardopoltseva, Belarus 1:33:53 25. Valentina Tsybulskaya, Belarus 1:33:14 26. Maria Rosza-Urbanikne, Hungary 1:33:28 27. Larisa Khmelnitskaya, Belarus 1:33:55 28. Kristina Saltanovic, Lithuania 1:34:03 29. Yu Fang Yuan, Malaysia 1:34:13 30. Tatyana Ragozina, Ukraine 1:34:29 31. Santa Compagnoni, Italy 1:34:52 32. Svetlana

Kalitka, Ukr. 1:35:23 33. Aniko Szebensky, Hung. 1:35:26 34. Maria Guadalupe Sanchez. Mex. 1:35:33 35. Victoria Palacios, Mex. 1:35:36 36. Kathrin Born-Boyde, Germany 1:35:58 37. Gisella Orsini, Italy 1:35:58 38. Teresa Linares, Spain 1:36:18 39. Susan Vermeulen, South Africa 1:36:18 40. Lisa Sheridan-Paolini, Aus. 1:36:20 41. Geovan Irusta, Bolivia 1:36:29 42. Melanie Seeger, Ger. 1:36:33 43. Yuka Mitsumori, Japan 1:36:38 44. Nativadad Collado, Guatamala 1:36:43 45. Rosella Giordano, Italy 1:36:49 46. Michelle Rohl, USA 1:36:50 47. Sonata Milusauskaite, Lith. 1:37:01 48. Monika Pesti, Hung. 1:37:21 49. Rocio Florido, Spain 1:37:25 50. Mirian Ramon, Ecuador 1:37:27 51. Nora Leksir, France 1:37:36 52. Anne Haaland Simonsen, Nor. 1:37:44 53. Joanne Dow, USA 1:38:08 54. Annett Amberg, Ger. 1:38:27 55. Janice McCaffrey, Canada 1:38:34 56. Christina Kokkotou, Greece 1:38:42 57. Ana Maria Groza, Rom. 1:39:05 58. Danielle Kirk, USA 1:39:10 59. Simone Wolowiec, Aus. 1:39:31 60. Ildiko Ilyes, Hung. 1:39:39 61. Anne Berthonnaud, France 1:39:59 62. Sofia Avoila, Por. 1:40:13 63. Ivis Yaydee Martinez, Spain 1:40:22 64. Jill Zenner, USA 1:40:30 65. Jurgita Krinickaite, Lith. 1:40:33 66. Isilda Goncalves, Por. 1:40:42 67. Tatiana Goulanger-Denize, France 1:40:46 68. Nadiya Sukharina, Ukr. 1:41:27 69. Outi Sillanpaa, Fin. 1:41:30 70. Jointa Dukure, Latvia 1:41:55 71. Monkia Svensson, Sweden 1:42;08 72. Gillian O'Sullivan, Ireland 1:42:20 73. Gianetti Bonfim, Brazil 1:42:25 74. Victoria Lupton, Breat Britan 1:42:31 75. Aura Libertad Morales, Mex. 1:43:56. . . 84. Joni-Ann Bender, Can. 1:46:12. . . 88. Margaret Ditchburn, USA 1:46:26 89. Holly Gerke, Can. 1:46:34. . . 101. Mrina Crivello, Can. 1:54:15. . . 105. Isabelle Clermont, Can. 1:56:37 (110 finishers, 12 did not finish, 1 DQ) Teams: 1. China 13 2. Russia 16 3. Mexico 54 4. Belarus 64 5. Romania 66 6. Australia 79 7.

Teams: 1. China 13 2. Russia 16 3. Mexico 54 4. Belarus 64 5. Romania 66 6. Australia 79 7. Spain 80 8. Italy 88 9. Hungary 107 10. Kazakhstan 120 11. Ukraine 130 12. Germany 132 13. Portugal 137 14. Lithuania 140 15. Norway 150 16.USA 157 17. France 179 18. Great Britain 227 19. Canada 228 20 Ireland 246 21. Sweden 258 22. Finland 265 23. Switzerland 313 24. Mauritius 327

Men's 20 Km, May 1: 1. Bernardo Segura, Mexico 1:20:20 2. Guohui Yu, China 1:20:21 3. Vladimir Andreyev, Russia 1:20:29 4. Robert Korzeniowski, Poland 1:20:52 5. Daniel Garcia, Mex. 1:21:31 6. Mikhail Khmelnitskiy, Belarus 1:21:32 7. Ilya Markov, Russia 1:21:42 8. Alessandro Gandellini, Italy 1:21:49 9. Dmitriy Yesipchuk, Rus. 1:21:54 10. Arturo Huerta, Can. 1:22:26 11. Yunfeng Liu, China 1:33:41 12. F. Javier Fernandez, Spain 1:22:47 13. Ivan Trotskiy, Belarus 1:22:59 14. Yevgeniy Misyulya, Belarus 1:23:19 15. Hatem Ghoula, Tunisia 1:23:46 16. Chaohong, Yu, China 1:23:46 17. David Marquez, Spain 1:24:01 18. Zewen Li, China 1:24:03 19. Sandor Urbanik, Hungary 1:24:13 20. Francesco Galdenzi, Italy 1:24:16 21. Joao Vierira, Portugal 1:24:25 22. Alejandro Lopez, Mex. 1:24:31 23. Costica Balan, Romania 1:24:56 24. Mario Flores, Mex. 1:25:49 25. Valeriy Borisov, Kasakhstan 1:25:51 26. Andre Hohne, Germany 1:25:51 27. Birger Falt, Sweden 1:25:56 28. Robert Valicek, Slovakia 1:26:00 29. Aleksey Kronin, Rus. 1:26:09 30. Jose Urbano, Por. 1:26:14 31. Augusto Cardoso, Por. 1:26:22 32. Mariusz Ornoch, Pol. 1:26:51 33. Juan Manuel Molina, Spain 1:27:00 34. Theodoros Stamatopoulos, Greece 1:27:00 35. Tim Seaman, USA 1:27:20 34. Viktoras Meskauskas, Lithuania 1:27:22 37. Jun Qi, China 1:27:23 38. Gintaras Andriuskevicius, Lit. 1:27:31 39. Vittorino Mucci, Italy 1:27:33 40. Grzegorz, Po. 1:27:54 41. Sergio Viera, Por. 1:28:08 42. Daisuke Ikeshima, Japan 1:28:10 43. Daugvinas Zujus, Lit. 1:28:46 44. Fernardo Vasquez, Spain 1:28:48 45. Artur Meleshkevich, Belarus 1:28:57 46. Silviu Casandra, Rom 1:28:59 47. Tim Berrett, Can. 1:29:01 48. Thierry Toutain, France 1:29:10 49. Spyros Kastanis, Greece 1:29:19 50. Darren Bown, Australia 1:29:31 51. Rogelio Sanchez, Mex. 1:29:35 52. Huber Sonnek, Czech Rep. 1:29:38 53. Kazimir Verkin, Slov. 1:29:45 54. Nixon Zambrano, Columbia 1:29:59 55. Luke Adams, Aus. 1:30:11 56. Grzegorz Muller, Pol. 1:30:18 57. Pierce O'Callaghan, Ireland 1:30:19 58. Eddy Riva, France 1:30:25 59. Troy Sundstrom, Aus. 1:30:28 60. Mike Trautmann, Ger. 1:30:29 61. Sten Reichel, Ger. 1:30:33 62. Marek Janel, Slov. 1:30:35 63. Jonathan Matthews, USA 1:30:38 64. Thapelo Mangole, South Africa 1:31:00 65. Jacek

Muller, Pol. 1:31:02 66. Bengt Bengtsson, Swed. 1:31:04 67. Antony Gillet, France 1:31:06 68. Rishat Shafikov, Rus. 1:31:09 69. Luis Garcia, Guatamala 1:31:19 70. Robert Heffernan, Ireland 1:32:14 71. Kevin Eastler, USA 1:32:41...81. Al Heppner, USA 1:34:35...103. Jean-Sebastian Beaucage, Can. 1:43:45...110. Mike Rohl, USA 1:47:36 (120 finishers, 15 did not finish, 4 DQs)

Teams (I just realized I have the places but not the scores on this race): 1. Russia 2. Mexico 3. China 4. Belarus 5. Spain 6. Italy 7. Poland 8. Portugal 9. Lithuania 10. Solvakia 11. Germany 12. ROmania 13. Canada 14. Australia 15. Sweden 16. USA 17. France 18. Hungary 19. IReland 20. Czech Republic 21. Great Britain 22. South Africa 23. Malaysis 24. Chile 25. Denmark 26. Puerto Rico 27. Fiji

Men's 50 Km, May 2: 1. Sergey Korepanov, Kasakhstan 3:39:22 2. Tomasc Lipiec, Poland 3:40:08 3. Nikolay Matyukhin, Russia 3:40:13 4. Jesus Angel Garcia, Spain 3:40:40 5. German Skurygin, Rus. 3:40:54 6. Yevgeniy Shmalyuk, Rus. 3:41:56 7. Viktor Ginko, Belarus 3:43:15 8. Valentin Massana, Spain 3:45:29 9. Aigars Fadejevs, Latvia 3:48:36 10. Aleksandr Rakovic. Yugoslavia 3:48:01 11. Curt Clausen, USA 3:48:04 12. Denis Trautmann, Ger. 3:48:05 13. Craig Barrett, New Zealand 3:48:14 14. Santiago Perez, Spain 3:48:27 15. Modris Liepins, Lat. 3:48:30 16. Basilio Labrador, Spain 3:48:55 17. Denis Langlois, France 3:48:56 18. Robert Ihly, Germany 3:49:22 19. Miquel Angel Rodriquez, Mex. 3:49:53 20. Rene Piller, France 3:50:08 21. Sylvain Caudron, France 3:50:16 22. Carlos Mercenario, Mex. 3:50:55 23. Mikel Odriozola, Spain 3:51:01 24. Roman Magdziarczyk, Pol, 3:51:20 25. Denis Franke, Ger. 3:51:27 26. Ivano Grugnetti, Italy 3:51:45 27. Peter Tichy, Slovakia 3:52:09 28. Joel Sanchez, Mex. 3:52:31 29. Pascal Servanty, France 3:52:51 30. Aleksey Voyevodin, Rus. 3:53:11 31. Milos Halusa, Czech. Rep. 3:53:48 32. Hongye Ma, China 3:53:49 33. Stanislaw Stosik, Pol. 3:53:55 34. Giovanni Perricelli, Italy 3:54:33 35. Jan Holender, Pol. 3:54:36 36. Alesandro Mistretta, Italy 3:54:39 37. Zoltan Czukor, Hung. 3:54:48 38. Antero Lindman, Fln. 3:55:07 39. Trond Nymark, Norway 3:55:31 40. Igor Kollar, Slov. 3:55:43 41. Pedro Martins, Port. 3:56:25 42. Takehito Hirakawa. Japan 3:58:01 43. Akihiko Koike, Jap. 3:59:17 44. David Boulanger, France 3:59:35 45. Philip Dunn, USA 3:59:53 46. Dominic McGrath, Aus. 4:00:50 47. Jose Magalhaes, Port. 4:00:52 48. Peter Korcok, Slov. 4:01:00 49. Gyula Dudas, Hung. 4:01:18 50. Frantisek Kmenta, Czech. 4:01:19 51. Duane Cousins, Aus. 4:02:27 52. Benjamin Leroy, Belgium 4:03:49 53. Fredrik Svensson, Swed. 4:04:48 54. Hector Moreno, Col. 4:05:31 55. Virgilio Soares, Port. 4:06:17 56. Jacob Sorenson, Den. 4:06:50 57. Christopher Cheesman, Gr. Brit. 4:07:49 58. Michele Didoni, Italy 4:08:20 59. Erik Kalina, Slov. 4:08:34 60. Andrew Hermann, USA 4:08:47 61. Micheal Harvey, Aus. 4:08:58 62. Xiaochun Liu, China 4:09:34 63. Huiqiang Zhang, China 4:09:36 64. Klaus David Jensen, Den. 4:11:47 65. Jaime Gonzalez, Mex. 4:11:48 66. Luis Ribeiro, Port. 4:12:32 67. Gary Morgan, USA 4:13:13 68. Sabit Sharuyayev, Kaz. 4:15:01 69. Les Morton, Gr. Brit. 4:15:43 70. Jorge Costa, Port. 4:15:59. . . 79 Andrzej Chylinski, USA4:27:52 (87 finishers, 15 did not finish, 8 DOs)

Teams: 1. Russia 14 2. Spain 26 3. Germany 55 4. France 58 5. Poland 59 6. Mexico 69 7. Italy 96 8. Latvia 104 9. Slovakia 115 10. USA 116 11. Kazakhstan 140 12. Portugal 143 13. China 157 14. Australia 158 15. Hungary 167 16. Great Britain 200 17. Denmark 205 18. Sweden 206 19. Netherlands 230 20. Switzerland 257

Grand Prix Races in Europe Follow the World Cup

The two weekends following the World Cup saw Grand Prix races at 20 Km for men and 10 Km for women, first at Eisenhuttenstadt, Germany and then in La Coruna, Spain, both

traditional races. Many of the World Cup performers were on hand, including members of the U.S. team who improved on their Cup performances.

In the German race, Guatamala's Julio Martinez, DQd in Mezidon while leading the race, redeemed himself. Well, he more than redeemed himself with the fastest ever road 20 Km--a 1:17:46. (World Cup winner Bernardo Segura holds the world record, set on the track, with 1:17:25.6.) But it wasn't easy, with Mexico's Alejandro Lopez, just 22nd in Mezidon, was just 10 seconds back at the finish. In this race, Tim Seaman improved on his slightly disappointing World Cup time by nearly 3 minutes to take 15th place in another classy field with a 1:24:33. And behind him, Al Heppner imporved mightily on his World Cup performance while finishing 21st with Sean Albert not far back, both in personal records.

In the women's 10 Km, China's Yan Wang upset World Cup 20 Km winner Hongyu Liu with the world's second fastest time ever--41:16. She left her countrywoman 29 seconds back. For the U.S., Danielle Kirk (15th) and Margeret Ditchburn (18th) notched personal records and Susan Armenta walked a great race in 16th.

A week later in La Coruna, Martinez was again disqualified (along with Seaman) as Spain's Francisco Fernandez won in 1:21:55. The field wasn't quite as strong for this one, but Curt Clausen followed up on his great World Cup 50 with a strong 1:24:52 in fourth. Andrew Hermann was another four places back in 1:28:18. Olympic champion Jefferson Perez had another disappointing race, failing to break 1:30 in 10th. Seaman was challenging for fifth place when he was DQd at about 18 kms.

Claudia Iovan, sixth at the World Cup 20, won the women's 10 Km in 43:04 over Spain's Maria Vasco. Susan Armenta improved on her Eisenhuttenstadt time by 1 second, beating Danielle Kirk this time. Results of the Grand Prix races.

Men's 20 Km, Eisenhuttenstadt, Ger. May 8--1. Julio Martinez, Guatamala 1:17:46 2. Alejandro Lopes, Mex. 1:17:56 3. Sanchez, Mexico (not sure is this is Rogelio or Joel) 1:19:00 4. Daniel Garcia, Mex. 1:19:05 5. Andreas Erm, Germany 1:19:24 6. Hernandez? 1:20:57 (could this be Spain's Francisco Fernandez?) Mario Flores, Mex. 1:21:28 8. Nathan Deakes, Australia 1:21:30 9. Garcia Bechinie 1:21:52 10. Ignacio Zamudio, Mex. 1:22:06 11. Chaohong Yu, China 1:23;09 12. Arturo Huerta, Canada 1:23:22. . . 15. Tim Seaman 1:24:33. . . 21. Al Heppner 1:26:50. . . Sean Albert 1:27:53. . . 29. Gordon Mosher, Canada 1:29:36

Women's 10, La Coruna, Spain, May 15--1. Claudia Iovan, Romania 43:04 2. Maria Vasco, Spain 43:04 3. Teresa Linares, Spain 45:19. . . 9. Susan Armenta 47:58. . . 10. Danielle Kirk 48:38 Men's 20 Km, La Coruna, May 15--1. Francisco Fernandez, Spain 1;21:55 2. Aigars Fadejevs, Estonia 1:22:59 3. Mikel Odriozola, Spain 12:23:41 4. Curt Clausen 1:24:52 5. Luis Garcia, Guatamala 1:25:54 6. Santiago Perez, Spain 1:27:38 7. Klaus Jorgensen, Denmark 1:27:48 8. Andrew Hermann 1:28:18. . . 10. Jefferson Perez, Ecuador 1:30:42. . . 12. Sean Albert 1:34:15. . . 14. Philip Dunn 1:36:01 DQs included Seaman, Martinez, and Rogelio Sanchez. DNFs included Valentin Massana

Rohl, Heppner Top 15 Km Fields

Elk Grove, Ill., May 23 (From North American Racewalking Foundation)--Despite a driving rain and the loss of two toe nails, Michelle Rohl raced a strong second half to win the National 15 Km title today. Finishing in 1:13:09, she posted the fastest winning time in the race since 1995. ARCO Olympic Training Center walker Al Heppner won the men's race in 1:08:02

for his third win in this race in 5 years. He's slated to do it again in 2001, having won in 1995 and 1997.

Rohl, a two-time Olympian, settled into third early in the race behind Teresa Vaill and Jill Zenner. "Teresa and Jill usually start out strong, so I planned to start out in third," Rohl said. By the 5 km mark, Rohl cruised by Zenner and by 8 km she had eclipsed Vaill. But Vaill refused to give in. Rohl led the rest of the way, but Teresa was just 4 seconds back at the finish and Zenner just another 14 seconds back.

"The rain was tough, but I felt good. The race felt very easy, even though I only had eight toe nails left by the finish," Rohl said.

In the men's race, NYAC's Gary Morgan led Heppner and Mike Rohl for 9 km. Rohl, looking for a championship plaque to match his wife's, surged at 9.5 km to drop Morgan, but could not shake Heppner. A quick surge by Heppner at 12 km opened up a 20 second lead for the 25-year-old and he was able to hold on for the victory. Heppner's win also helped lead his track club, Potomac Valley, to the men's team title. Don DeNoon set a new U.S. 55-59 record with his fourth place finish in 1:14:49. The results:

Women: 1. Michelle Rohl, Moving Comfort 1:13:09 2. Teresa Vaill, Orlando, Fla. 1:13:13 3. Jill Zenner, Miami Valley TC 1:13:27 4. Cheryl Rellinger, NYAC 1:15:43 5. Lyn Brubaker, Philadelphia 1:18:55 6. Lisa Sonntag, Orlando, Fla. 1:20:49 Men: 1. Al Heppner, Potomac Valley 1:08:02 2. Mike Rohl, New Balance 1:08:18 3. Gary Morgan, NYAC 1:08:58 4. Don Denoon, Carbondale, Ill. 1:14:49 5. Jim Carmines, Potomac Valley 1:16:43 6. Ronald Corozona, New York, N.Y. 1:16:47

1998 Postal 1 Hour

MAY 1999

Each year, the Shore Athletic Club under the direction of Elliott Denman sponsors a National Postal 1 Hour Champioship--hold your local races at any time during the year and drop the results in the mail. The Shore AC compiles the results and publishes them early the next year. They are a little late this year, with the lame excuse that Elliott slipped on the ice in December, shattered a wrist and went through extensive surgery and therapy. Elliott is forgiven by all and we are happy to learn the wrist is back to about 90 percent of normal function. In the meantime, the 1999 race is on and you can contact Elliott at 28 N. Locust St., West Long Branch, NJ 07764, 732-222-9080 for details on entering and rules of the competition. Here are highlights of the 1998 competition.

	Curt Clausen walked 14,134 meters in the hour to top Jonathan Matthews' previous Open
	Division men's record of 14,059 set in 1993.
	Don DeNoon walked 12,428 meters to beat Dave Romansky's 1997 record of 12,027 in
	the men's 55-59 group.
	Jack Bray continued his streak of great Postal 1 Hour performances with his 11,004 meters in men's 65-59 that beat his own record of 10,694 from 1997.
	Jack Starr became the first 70-74 man to top the 10,000 meter barrier with his terrific
	10,199 mark.
	Jane Dana walked 8,092 meters to set a women's 75-59 record, beating Velma Jacobs' 7,830 form 1991.
	The International Division returned, topped by Bernardo Segura's 15,404 meter performance.
	In the team competition, Potomac Valley's Jim Carmines, Bruce Booth, and Norm Frable covered 34,336 meters in men's 55-59 to top that clubs own record of 34,193 set in 1997.
	Marin Walkers' Jack Bray, Jim Stuckey, and Ed Lane covered 30,508 meters in men's 60-69 to beat the club's own record of 30,208 set in 1996.

Total participation was 269 walkers representing 36 clubs from 23 states. They covered a total of 2,418,943 meters, or just over 1500 miles. (Elliott got his decimal points confused here and claimed nearly 1.5 million miles, but that would mean a mile is just 1.6 meters. Probably just a slip of the sore wrist in pushing a calculator button.) Results: Boys 11-14--1. Ryan Haugaard, Prairie Striders 8,725 (actually listed as third, but the reported distance shows otherwise) 2. Yuri Kuo, NE Walkers 8,442 3. Kevin Zinter, PS 8,069 Boys 15-19--1. Justin Eastler, West Maine 11,144 2. Craig Haugaard, PS 9,636 Men's Open-1. Curt Clausen, Shore AC 14,134 2. Andrew Hermann, adidas 13,268 3. Tim Eastler, Front Range 12,9914 4. Warrick Yeager, Potomac. Valley 12,768 5. Don DeNoon, Ill. 12,428 6. Keith Luoma, Pot. Val. 12,043 7. John Soucheck, Shore AC 11,996 8. Dan O'Brien, Pegasus 11,964 9. Ioan Froman, Pegasus 11,956 10. Steve Pecinovsky, Pot. Val 11,693 11. Jim Carmines, Pot. Val. 11,665 12. Richard McGuire, Chicago Walkers 11,596 13. Dave Romansky, Shore AC 11,494 14. Bruce Booth, Pot. Val. 11,459 15. Enrique Camarena, S.Cal. Walkers 11,284 16. Norm Frable, Pot. Val. 11,212 17. Alan Price, Pot. Val. 11,070 18. Joe Light, NE Walkers 11,069 19. Jack Bray, Marin RW 11,004 20. Stan Sosnowski, Conn. RW 10,941 21. Juan Mora, Fla. AC 10,898 22. Rob Frank RW Northwest 10,892 23. Mike Blanchard, Front Range 10,829 24. Bill Reed, Kalamazoo Valley 10,814 25. Bill Penner, Marin RW 10,800 (32 finishers) Men's 45-49--1. Camarena (see above) 2. Shoja Torabian, Marin RW 10,999 3. Sosnowski 4. Mora 5. Frank 6. Reed 7. Larry Titus, Conn. RW 10,521 8. Tom Quattrocchi, Shoare AC 10,476 9. Robert Ullman, Northeast Walkers 10,322 10. Rod Vargas, Fla. AC 10,196 (17 finishers) Men 50-54-1. McGuire 2. Booth 3. Frable 4. Price 5. Light 6. Penner 7. George Fenigsohn, Peninsula TC 10,246 8. Jack Lach, Shore AC 10,210 9.Ed Dunphy, Shore AC 9,997 10. Timothy Staats, Cal. Walkers 9,949 (20) finishers) Men 55-55-1. DeNoon 2. Carmines 3. Larry Walker, Cal. Walkers 10,778 4. Ron Shields, Pot. Val. 10,560 5. Tom Knatt NE Walkers 10,349 6. Manny Eisner, Shore AC 10,035 7. Victor Litwinski, Pot. Val. 9,598 8. John Schults, Marin RW 9,528 9. Ron Baers, Easy Striders 9,514 10. John Doane, Santa Cruz TC 9,255 (14 finishers) Men 60-64--1. Romansky 2. Carl Acosta, WC of LA 10,138 3. Jim Stuckey, Marin RW 9,899 4. Bob Cella, Fla. TC 9,777 5. Lee Duffner, Fla. AC 9,707 6. Ed Lane, Marin RW 9,605 7. Ben Ottmer, Shore AC 9,220(14 finishers) Men 65-59-1. Bray 2. John Kelly, Cal. Walkers 9,398 3. Gerry Gomes, Fla. TC 9,245 4. Arvid Rolle, Wasy Striders 9,1878 5. John Lyle, Front Range 9,102 6. Robert Fine, Fla. TC 9,049 (15 finishers) Men 70-74--1. Jack Starr, PHAST 10,199 2. Hugh Acton, Fal. Val. 9,154 3. Walter Morse, Shore AC 8,769 4. Albert Goldman, Chicago Walkers 8,733 5. Klaus Timmerhaus, Front Range 8,587 (9 finishers) Men 75-59--1. John Levinsohn, Marin RW 8,168 (4 finishers) Men 80-84--1. Ernest Lucken, Golden Gate 6,771 Men 85 and up--1. Harry Drazin, Shore AC 6,029 International Men-1. Bernardo Segura, Mexico 15,404 2. Renald Carranza, Cuba 11,501 Girls 11-14--1. Stephanie Beau, Salem TC 9,620 2. Dawn McKay, Marin RW 8,751 (4 finishers) Girls 15-19-1. Carlin Bonney, West Maine 10,039 2. Amanda Bergeron, West Maine 9,264 (7 finishers) Womens Open-1. Victoria Herazo, Cal. Walkers 12,210 2. Gretcehn Eastler-Fishman, West Maine 11,656 3. Danielle Kirk, SC Walkers 11,069 4. Donna Chamberlain, Shoare AC 10,996 5. Sandra DeNoon, Ill. 10,911 6. MaryKirk Cunningham, Pot. Val. 10,846 7. Marcia Guteshe, NE Walkers 10,771 8. Elton Richardson, Walk USA 10,103 9. Sherry Brosnahan, Mass. 10,068 10. Lee Chase, Conn. RW 10,059 11. Karen Stoyanowski, Sierra RW 10,052 12. Bonney 13. Carmen Jackinsky, Racewalkers NW 10,025 13. Valerie Silver, Fla. TC 10,022 (19 finishers) Women 40-44--1. Chamberlain 2. DeNoon 3. Peggy Miiller, Front Range 10,180 4. Chase 5. Stoyanowski 6. Virginia Fong, Marin RW 9,231 (16 finishers) Women 45-49-1. Brosnahan 2. Roswitha Sidelko, Fla. TC 9,907 3. Nancy Goldman, Chicago Walkers 9,689 4. Fran Carnevale, Pot. Val. 9,453 5. Mary Snyder, Idaho RW 9,441 6. Donna Green, Chicago Walkers 9,149 (23 finishers) Women 50-54--1. Brenda-Usher Carpino, Marin RW 9,970 2. Diane Graham-Henry, Chicago Walkers 9,642 3. Donna Cetrullo, Shore AC 8,881 4. Anne Montgomery, NE Walkers 8,822 5. Darlene Backlund

Racewalkers NW 9,754 6. Fran Emanuel, Shore AC 8,554 7. Joan Grossman, Chicago Walkers 8,530 (16 finishers) Women 55-59--1. Richardson 2. Hansi Rigney, Monterey Walk Walk Walk 9,669 3. Jolene Steigerwalt, Cal. Walkers 9,635 4. Walda Tichy, Pegasus 9,281 5. Doris Cassels, Marin RW 9,196 6. Jeanne Bocci, Wolverine Pacers 9,160 7. Marge Garnero, Marin RW 8,989 8. Phyllis Abbate, Marin RW 8,737 9. Dixie James, Marin RW 8,634 (15 finishers) Women 60-64--1. Joan Berman, Wolverine Pacers 8,856 2. Jeanne Shepardson, NE Walkers 8,810 3. Kati Kelly, Cal. Walkers 8,724 4. Joyce Cambrun, Chicago Walkers 8,433 5. Linda Burnett, Marin RW 8,382 6. Anne Whitaker, Racewalkerw NW 8,293 7. Rachel Beaudet, NE Walkers 8,076 (19 finishers) Women 65-69--1. Shirley Dockstader, Marin RW 9,460 2. Bonnie Vaughn, Silver Striders 7,900 (7 finishers) Women 70-74--1. Masashi Noritake, SC Walkers 8,392 2. Charlotte Walker, Sierra RW 7,890 3. Ruth Perraud, Fla. TC 7,551 Women 75-59--1. Jane Dana. SC Walkers 8,092 Women 80-84--1. Mary Lathram, Pot. Val. 6,713 2. Louise Stutsman, Marin RW 6,620 Women 85 and up-1. Dorothy Roberts, Marin RW 6,460 Men;s Open Teams: 1. Shore AC A (Clausen, Soucheck, Romansky) 37,441 2. Potomac Valley TC A (Yeager, Luoma, Pecinovsky) 36,504 3. PVTC B 34,336 4. Front Range 32,485 5. Pegasus 32,517 6. New England Walkers A 31,740 7. Marin RW A 31,703 8. Kalamazoo Valley A 31,427 Women's Open Teams: 1. Western Maine (Eastler-Fishman, Bonney, Bergeron) 30,959 2. California Walkers (Herazo, Steigerwalt, Kelly) 30,659 3. Shore AC 29,945 4. Marin RW A28,661 5. Potomac Valley 24,577 6. Chicago Walkers A 28,480

More Results

MAY 1999

Junior 5 Km, Lewiston, Maine, May 16--1. Justin Easter 24:36 2. Peter Brown 24:37 3. Adam Begin 29:38 Jr. 3 Km, same place--1. Dan Pendergast 15:01 2. John Chasse 15:15 Women: 1. Jessica Compton 18:09 5 Km, Cambridge, Mass., May 9--1. Bob Ullman 28:20 2. Bill Harriman 29:17 3. Tom Knatt 29:33 (12 finishers) New England 20 Km, Providence, R.I., May 23--1. Brian Savilonis (48) 1:54:53 2. Bob Ullman (50) 2:03:53 3. Bill Harriman (52) 2:05:35 5 Km, same place--1. RIch McElvery (42) 27:58 Metropolitan 20 Km, New York City, May 16--1. Greg Dawson 1:39:56 2. Margaret Ditchburn 1:45:18 3. Rob Cole 1:47:51 4. Dana Yarbrough 1:47:55 5. Rifkhat Sultanov (54) 1:52:49 6. Gary Null (53) 1:55:32 7. Jim McGrath (60) 1:59:16 8. Bob Barrett (65) 2:00:07 9. Sherwin Wilk (60) 2:02:17 10. Lisa Vellucci 2:02:48 11. Lon Wilson (51) 2:03:12 13. Pat Bivona (57) 2:06:52)25 finishers, 5 DQs) 8 Km, Alexandria, Vir., April 3-1. John Gersh (51) 51:36 5 Km, Atlanta-1. Fandy Miller 28:08 2. Steve Hubbartt (45+30:15 Southeast Masters 5 Km, Raleigh, N.C., May 7-1, Gene Opheim (52) 25:51 2. John Fredericks (51) 26:29 3. Jianping Xu (33) 26:57 4. Bruce Booth (51) 27:22 5. Bob Mimm (74) 31:52 6. Bob Fine (67) 32:18 Southeast Masters Womens 20 Km, Raleigh, May 9--1. Lisa Sonntag (35) 1:52:10 2. Grace Mutz (39) 2:17:23 SE Masters Mens 20 Km, Raleigh, May 9--1. Keith Luoma (37) 1:41:37 2. John Fredericks 1:53:28 3. Gene Opheim 1:56:25 4. Jianping Xu 2:00:50 5. Rick Austin (45) 2:05:15 6. Heinrich Hooser (60) 2:09:19 7. Bob Mimm (74) 2:14:40 8. Dave Gwyn (47) 2:16:41 9. Ole Holsti (65) 2:18:28 10. Andrew Briggs (67) 2:21:24. . . Bill Tallmadge (83) 2:49:53 5 KM, Coconut Grove, Fla., April 17--1. Rodolfo Puime 26:00 2. Juan Mora (46) 26:50 3. Sonia Mora (47) 30:33 5 Km. Pensacola, Fla., May 1--1. Josh Ginsburg 22:51 2. Mo Roberts 26:53 3. John Vignes (50) 26:54 4. Larry Yates (47) 28:38 5. Tish Beach (49) 30:22 6. Vicki Merry (42) 30:24 (159) finishers) 5 Km, Orlando, Fla., May 8--1. Rodolfo Puime 24:51 (But, I have another set of results that shows 26:51) Women: 1. Beverly Furijon 30:50 Jack Mortland Racewalks, Yellow Springs, Ohio, May 9--This yeaar's races drew a stellar master's field--Mark Green, Steve Pecinovsky, Warrick Yeager, and Don DeNoon, but no young blood to challenge them, so they had the race pretty much themselves with only Cheryl Rellinger at all close. But they had a nice

MAY 1999

race and put up some good times with Green bettering the honoree's best ever time and Pecinovsky missing it by just 2 seconds. And the honoree was a young pup of 29 when he did that, lo those 35 years ago. The honoree stood on the sidelines and watched. Jill Zenner was also back from France and chose to relax from her travels with a casual 5 Km. Results: Men's 20 Km--1, Mark Green (43) 1:35:41 2. Steve Pecinovsky (44) 1:36:37 3. Warrick Yeager (44) 1:38:35 4. Don DeNoon (56) 1:40:34 5. Ed Fitch 1:54:38 6. BillReed (46) 1:55:28 7. Ross Barranco (49) 1:59:13 8. Al Cowen (42) 2:00:02 9. Michael Close 2:02:34 10. Mark O'Donnell (47) 2;09:58 11. Jim Lawrie (56) 2:15:48 12. Bill Flick (73) 2:19:00 13. Bob Stewart (66) 2:22:45 (2 DQs) Women's 20 Km--1. Cheryl Rellinger 1:43:32 2. Janet Comi (45) 1:58:17 3. Jackie Reitz (50) 2:00:31 4. Abigail Oliver (38) 2:02:26 5. Debbie Topham (46) 2:04:48 6. Sami Bailey (63) 2:13:31 7. Janet Higbie (57) 2:13:49 8. Cheryl Sunman (48) 2:25:15 9. Ruth Everson (61) 2:26:09 10. Cathy Sue Mayfield (47) 2:28:23 Women's 10 Km--1. Debbie Benton (41) 55:30 2. Tish Roberts (49) 58:27 ...5. Margaret Walker (77) 79:36 Men's 10 Km, Dan Dalton (17) 49:29 2. Eric Smith (16) 54:09 3. Ray Everson (54) 58:14 4. Jim Higgins (67) 70:12 5, Herb Appell (80) 78:56 Women's 5 Km--1. Jill Zenner 23:32 2. Tesia Cole 29:29 (6 finishers) Men's 5 Km--1. Michael Bird (51) 28:19 2. Max Green (67) 28:30 (coming back from injury) 3. Jack Shuter (69) 33:54 (The best thing about these races each year is that in these days of saturation with 5 Km races, so many always opt for the 20 with 5 and 10 km races available. Good that there are some who recognize what racewalking is really about.) 5 Km, Battle Creek, Mich., April 17-1. David Dunn16;02 2. Rick Sack 29:24 Women--1. Lori Wallace 29:55 5 Km, Borgess, Mich. April 23--1. Gary Morgan 21:54 2. Rod Craig (40-44) 25:22 3. Bill Reed (45-49) 26:06 4. Hank Meyer (45-49) 26:14 5. David Dunn (35-39) 26:39 6. Robert Phillips (50-54) 27:22 7. Mike Close (20-34) 27:24 8. Chris LaReau (45-49) 27:29 9. Ross Barranco (45-49) 27:48 10. Mike Burris (50-54) 28:52 11. Mark O'Donnell (45-49) 29:39 Women--1. Debbie Topham (45-49) 28:47 2. Valerie Hollenbeck (40-44) 30:01 (total of 37 finishers with 11 DQs) 5 Km, Kenosha, Wis., May 9--1. Will Prieschel 24:47 2. Lynn Tracy (46) 27:40 3. Al BuBois (68) 28:55 4. Ron Winkler (48) 30:01 5. Joyce Decker (65) 31:42 (11 finishers) 10 Km, Twin Cities, Minn., April 24-1. Michelle Rohl 45:59 Men--1. Mike Rohl 45:58 2. Gary Westlund (45) 59:46 3. Doug Ver Meer (45) 60:00 3. John Kaplan (60) 61:51 5 Km, Houston, April 24-1. Elayne Dove (42) 27:58 3 Km, Houston, May 1--1. Dominic Byrd (12) 17:18 4 Mile, Denver, April 11--1. Eric Pasko (17) 33:43 2. Lorie Rupoli (47) 38:52 5 Km, Denver, May-1. Daryl Meyeres (56) 28:55 2. John Tarin (46) 29:21 5 mile, Denver, May 2-1. Dan Pierce (42) 42:46 2. Sally Richards (46) 43:09 3. Mike Blanchard 46:10 4. Patty Gehrke 46:26 5. Peggy Miiller (44) 46:40 6. Daryl Meyers 48:09 Western Regional 5 Km, Las Vegas, April 27--1. Karen Bartolo 30:18 2. Susan Mears 30:23 Men--1. Mark Green 22:26 2. David Crabb (50-54) 27:42 3. Pedro Santoni (40-44) 28:14 5 Km, Auburn, Cal., April 18-1. Abederrezak Gharfara 26:23 2. Jack Bray 27:11 3. Joe Berendt 27:14 4. Bill Penner 27:24 5. Nick Sakelarios 29:31 6. Jim Currier 30:05 (18 finishers) Women--1. Chris Sakelarios 27:54 2. Brenda Usher-Carpino 29:36 3. Karen Stoyanowski 30:24 (19 finishers) Pacific Association 20 Km, San Francisco, May 23--1. Rik Holt 1:45:03 2. Roger Wellborn (47) 2:00:29 (5 finishers) Women--1. Karen Foan (19) 1;48:17 1500 meters, Kentfield, Cal., May 23--1. Jack Bray 7:48 2. Virginia Fong and Doris Cassels 8:58 4. Dawn McKay 9:03 (14 finishers, 1 DQ) 10 Km, Eugene, Ore., May 7--1. Kim Miller 61:04 Men--1. Rob Frank 55:19 2. Doug Ver Meer 62:13 Half Marathon, same place-1. Carmen Jacinsky 2:09:08 (6 finishers) Men--1. Edgar Kousky 2:11:24 Canadian World Cup Trials, Vancouver, April 4: Women's 20 Km--1. Janice McCaffrey 1;39:44 2. Jone Bender 1:42:18 3. Holly Gerke 1:43:18 4. Marina Crivello 1:45:59 5. Isabelle Clermont 1:46:08 6. Sue Hornung 1:47:55 Men-1. Tim Berrett 1:27:12 2. Jean-Sebastien Beaucage 1:33:34 3. Gerry Dragomir 1:52:10 10 Km, same place--1. Karen Foan 49:11 2. Al Rodney 51:35 3. Ester Nicole 52:27 4. Joanne Fox 57:34 10 Km, Seattle, April 24--1. Blair Miller, Can. 47:13 2. Gerry Dragomir, Can (47) 53:21 3. Bob Novak (49) 55:46 4. Kelly Murphy-Glenn 57:02 5. Carmen Jacknsky 57:41 6. Joslyn Slaughter

(40) 60:24 (16 finishers) 5 Km, same place-1. Merima Kostecki (18--Can.) 28:10 2. Brianna Bruce (18--Can.) 28:40 3. Joanne Fox, Can. 29:03 4. Ann Tuberg 29:41 Ontario 10 Km, Championship, Toronto, May 16--1. Jone Bender 49:28 2. Anne-Marie Oswald 54:59 Men--1. Arturo Huerta 40:35 2. Gordon Mosher 42:55 3. Dave Lawrence, US 49:36 4. Thom Jenkins 55:00 5. Ross Barranco, US 58:18 6. Michael Freeman 59:29

Polish 10 Km Championship, April 25-1. Robert Korzeniowski 39:10 2. Gregorz Sudol 41:52. . . 6. .Andrzej Chylinski 47:16 Women's 5 Km Championship--1. Agnieszka Bataor 24:00 2. Sylwia Lisak 24:34 Sao Paulo, Brazil State Championships, May 5 Women's 20 Km-1. Gianete Sena Bonfim 1:44:54 Men--1. Ricardo Reinert 1:32:10 Women's 15 Km, , Italy, April 11--1. Erica Alfridi 1:07:15.9 2. Elisabetta Perrone 1:08:19 3. Elke Ennemoser 1:08:21 4. Rossella Giordano 1:08:23 5. Santa Compagnoni 1:08:28 6. Gisella Orsini 1:09:43 7. Annarita Sidoti 1:10:49 8. Cristiana Pellino 1:10:54 20 Km, Turku, Finland, May 22--1, Robert Korzeniowski, Poland 1:18:39 2. Ilya Markov, Russia 1:18:50 3. Aigars Fadejejevs, Latvia 1:21:01 4. Valentin Kononen, Finland 1:23:15 5. Jesus Garcia, Spain 1:24:56 6. Jan Staaf, Sweden 1:28:53 7. Grzegorz Muller, Pol. 1:28:53 5 Km, Paris, May 23-1. Robert Korzeniowski 19:20.3 2. Jean Claude Corre, France 20:58.7 Softeland Grand Prix, Norway, May 23 (These annual track races have seen many world records through the years, and although the fields have never been deep the elite have come, particularly the Mexicans. But, with the World Cup followed by two Grand Prix races, and the Turku race on the same weekend, the races were apparently not attractive this year)--Men's 20 Km--1. Birgir Falt, Sweden 1:24:54.3 2. Kristian Lyssand 1:27:00 3. Trond Nymark 1:27:33 4. Erling Andersen 1:33:28 (Here is an elite walker of years past) Women's 10 Km--1. Kjersti-Tysse Platzer, Switz. 44:55.1 2. Anett Amberg 46:24 3. Gabriele Herold 47:41

Heel and Toe For A Healthy Glow

Sat. June 5 5 Km, Decataur, Georgia (D)

5 Km, New Castle, Penn. (Z)

10 and 20 Km, Eisenhower Park, Long Island, 8 am (F)

3 and 10 Km, Kenosha, 6 pm (S) Sun. June 6

10 Km, Yellow Springs, Ohio (M)

8 Km, Atlanta (D)

Weinacker Cup (Ontario vs Michigan), Port Huron, Mich.

5 Km, Denver, 8:30 am (H)

Tue. June 8 1500 meters, Atlanta (D)

Fri. June 11 1 Mile Houston (and each Friday through July 23) (Y)

Sat. June 12 5 Km, Atlanta (D)

5 Km, Hebron, Ind. (S)

5 Km and 20 Km Relay, Denver (H)

Sun. June 13 1 Mile and 3 Km, Alexandria, Vir. (J)

5 Km, Boston area (N)

10 KM, Albuquerque, N.M. (W)

3 Km, Terre Haute, Indiana (V)

1 Hour, Kentfield, Cal., 7:30 am (P)

Tue. June 15 1500 meters, Atlanta (D)

Sat. June 19 3, 5, and 10 Km, Birmingham, Cal. (B)

Michigan 5 KM, Charlevoix (I)

5 Km, Littleton, Col. (H)

Sun. June 20 8 Km, Atlanta (D) 5 Km, New York City, 9 am (F)

Tue. June 22 1500 meters, Atlanta (D)

Sat. June 26 North Region 8 Km, Kalamazoo, Mich. (I)

National USATF 20 Km, Men and Women, Eugene, Ore. (317-261-0500)

Sun. June 27 1 Mile and 3 Km, Alexandria, Vir. (J)

Metropolitan 15 Km, New York City, 9 am (F)

5 Km, Ft. Morgan, Col., 8 am (H)

Fri. July 2 1500 meters, Yellow Springs, Ohio (M)

Sat. July 3 4 Mile, Miami (Q)

Sun. July 4 8 Km, Alexandria, Vir.(J)

5 Km, Evergreen, Col., 8 am (H)

Sat. July 10 15 Km, Eisenhower Park, Long Island, 9:30 am (F)

5 Km, Atlanta (D)

5 Km, Denver, 8 am (H)

Sun. July 11 1 Mile and 3 Km, Alexandria, Vir. (J)

1 Mile, Miami (Q)

5 Km, Denver, 8 am (H)

5 Km, Kentifeld, Cal., 8 am (P)

Wed. July 14 3 Km, Hammond, Ind. (S)

Sat. July 17 Northwest Masters 5 Km, Seattle (C)

Sun. July 18 5 Km, Albuquerque, NM (W)

July 21-24 Empire State Games 5, 10, and 20 Km, Uniondale, NY (F)

Thur. July 22 5 Km, Denver (H)

Sat. July 24 National Youth 3 and 5 Km and Open 5 Road Walks, Yellow Springs, Ohio (M)

Sun. July 25 1 Mile and 3 Km, Alexandria, Vir. (J)

Georgia Games 5 Km, (D)

Sat. July 31 5 Km, Denver, 8 am (H)

Sun. Aug. 8 National USATF 10 Km, Wilkes Barre, Pa. (X)

Sun. Aug. 8 1 Mile and 3 Km, Alexandria, Vir. (J)

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From Heel to Toe

MAY 1999

Interview. I had promised the second part of Elaine Ward's interview with Joanne Dow in this issue, but I didn't anticipate the amount of space that would be devoted to results, so you are going to have to wait until next month. . . Future World Cups. The 2001 World Cup has been awarded to Turin, Italy and the 2003 event to Naumburg, Germany. IAAF President Nebiolo noted: "In so far as Turin is concerned, the World Race Walking Cup returns to a major city. THis is a success for the event and also for Turin. I am sure that the city, which is the city of the automobile, but also a city with a deep consciousness of the environment, will appreciate this most natural of men's efforts: walking. (Ed. We might note--women's efforts, as well.). . .Juniors. The Pan American Junior track and field meet, with a 10 Km walk for men and 5 Km for women, is set for Miami in July. The men's walk goes off at 8 am on July 10 and the women's at 8 am on July 11. Qualifying races are at the Junior Nationals in Denton, Texas on June 19. The men's race is at 8 am and the women's at 9:15 am. Men need a qualifying mark of 15:28 for 5 Km or 55:15 for 10. Women need a 16:00 for 3 Km, 28:30 for 5, or 58:00 for 10. . . Seniors. Qualifying standards for the women's 20 km in Eugene at 8 am on June 26 are 1:51:30 or 51:00. For the men's 20 at 8 am on June 27, the standard is 1:34:00. The Pan American Games are in Winnepeg in late July with the men's 20 km at 8 am on July 26, the women's 20 at 10 am the same day, and the men's 50 at 8 am on July 29.... It's the Law. Damon Clements of the Indiana Racewalkers has listed 10 Random Laws of Racewalkers. 1. No one behind the first 50 walkers at the starting line of a race can understand the starter's announcements. 2. Moderate hills aren't. 3. Regardless of the wind direction before you turn for home, the last mile is always against the wind. 4. If you hear a song you relly hate just before a race, you are doomed to hear it in your head, over and over, the entire distance. 6. Never spit into the wind. 7. The person you successfully worked so hard to overtake just before the finish will enter a different chute and be credited with a better finish place. 8. You know the honeymoon is over when your spouse no longer comes out to watch you race. 9. Racewalking while gulping water is a skill worth developing. 10. The race may be to the swift, but the random drawing grand prize will go to someone in the back of the pack. . .

Looking Back

35 Years Ago (From the Late Spring 1964 issue of the Midwest Race Walker, published by Chris McCarthy)--Ron Laird was an easy winner in the National 30 Km in Los Angeles. His 2:26:27 left Bob Bowman nearly 10 minutes back (2:36:16) in second. Rudy Haluza was third in 2:38:03. . Two weeks later Laird went on a record rampage. On May 15, he broke the American record for 1500 at the LA Coliseum Relays with a 5:57.0. Don DeNoon was second in 6:02.2. The next day in Walnut, Cal., Laird easily broke the American record he had set a few weeks earlier in Chicago for 1 Hour, covering 8 miles 420 yards. On the way, he took out the 10 Km record with a 44:58 and continued to records at 15 Km 1:08:17 and 10 miles (1:13:18). . . . Dean Rasmussen was dominant on the other side of the country, winning the Penn AC 12 mile in Philly with 1:37:06, 2 seconds ahead of Bob Mimm, and 2 weeks later taking a 15 miler on Staten Island in 2:00:35. Ron Daniel was 30 seconds back in that one. . . In a close race, Alex Oakley won the Ontario 10 mile title in 1:17:08, ahead of Felix Cappella (1:17:15 and Nick Marrone (1:17:44)

MAY 1999

30 Years Ago (From the May 1969 ORW)—This featured the first photos ever published in the ORW, and guess what? They showed several athletes in full flight phase as we launched the first of many series of commentaries on judging issues. . And here was Ron Laird again, winning the Nation 10 Km in Chicago in a championship record 45:14.2. Ron Daniel and Steve Hayden followed. . One day later, Tom Dooley had no need to hang down his head as he set an American record for the same distance in California, recording 44:26.9. Goetz Klopfer turned in a 1:54:32 for 15 miles at the same site. . . The Zinn Memorial 10 Km in Chicago went to your editor in a balzing 49:29. Blazing only because it was so hot in Chicago that day. Passing 3 miles 4 seconds ahead of his previous week's pace (when he did 48:40 for 7th in that National), he then wilted, but not nearly as much as teammate Jack Blackburn, 15 seconds ahead of him the week before, but 4 1/2 minutes behind him on this day. . Paul Nihill won British titles at both 10 Km and 10 miles in 44:07 and 1:11:14.

25 Years Ago (From the May 1974 ORW)--John Knifton overcame a challenge from Floyd Godwin in the National 25 Km in Des Moines to win with a 1:56:03 effort. Godwin was just over 2 minutes back at the finish, followed by Jerry Brown and Bob Henderson. . Larry Walker won the National 15 Km in California in 1:10:08, 5 seconds ahead of Carl Swift, who wasn't swift enough on this day. Ed Bouldin (1:11:43), Bill Ranney, Rudy Haluza, and Steve DiBernardo filled out the first six. . .Godwin also took the 10 Km in 45:42 with Henderson a distant second and aging Jack Mortland (39) a rather ashamed third (51:02) as few athletes showed up. I guess that was my final National medal and not at all deserved. . .The National 20 went to Jerry Brown in 1:33:33, with Godwin taking John Knifton for second. Ron Daniel and Bob Henderson followed. . .East Germany's Peter Frenkel set a World Record for 30 Km (2:14:22) in East Berlin, with Chris Hohne less than 2 minutes back. A few weeks later, Hohne walked 50 Km in 3:53:53. . .In Hamburg, Bernd Kannenberg broke the World 20 Km record with a 1:24:45.

20 Years Ago (From the May 1979 ORW)---It was open season on the World's 20 Km record, which had been held by Mexico's Daniel Bautista at 1:23:22. On April 22, Anatolily Solomin, USSR, did 1:23:20. One week later, Frenchman Gerard Lelievre took the record down to 1:22:20 in Epinay. Then on May 19, Bautista said "Enough!" Walking on the track in Valenica, Spain, he recaptured his record with a 1:22:15 effort. . . Jim Heiring's American record of 1:30:04 set on April 22 didn't last long either. Todd Scully turned in a 1:28:33 in Seattle on May 17. . . Chris Hansen won the U.S. 15 Km title in Kenosha, Wis., tieing Canadian Marcel Jobin in the process, as both returned 1:06:58. Heiring was nearly a minute-and-a-half back with John VanDenBrandt following him. . . Scully whipped Hansen in the National 10 Km in Chicago in 43:14. Hansen beat Jobin this time, 43:55 to 44:16. Van DenBrandt was fourth. Scully discouraged the field with a 6:26 opening mile. . . The next day, Jobin beat Scully in the Zinn Memorial 10 Km, blasting 41:32. Todd had 42:15. . . The Women's National 15 Km event went to Paul Kash-Mori in 1:21:21 with Jeanne Bocci second. . . Alan Price was an easy winner in the National 100 km in 10:36:35, with Tom Hamilton 47 minutes back in second. Jack Blackburn finished third, catching Sal Corrallo in the final 20 miles to take the master's title.

15 Years Ago (From the May 1984 ORW)--Denver had a weekend festival of National Walks. On Satruday, Tim Lewis (20:53) and Teresa Vaill (25:27) won titles at 5 Km. Mel McGinnis (21:27) and Vincent O'Sullivan followed Lewis, and Mexico's Maria Colin was second in the women's race. On Sunday, O'Sullivan came back to with the National 30 Kim in 2:22:48. Carl Schueler, better than 4 1/2 minutes back, edged Tom Edwards for second. Fabian Knizacky was fourth. . Jim Heiring was an easy winner in the National 15 Km, held in New York City. Jim's impressive 1:03:07 left Tim Lewis 52 seconds back. Ray Sharp was just 5 seconds behind Tim and well clear of Marco Evoniuk. Ten athletes bettered 1:10. Teresa Vaill won the women's title in

1:17:27, 4 minutes ahead of Carol Brown. . .Marcel Jobin pulled awaay from Heiring after 5 Km to win his own Invitational 20 Km in Quebec with a 1:24:59. Heriing had 1:26:16 with Guillaume Leblanc close behind in third. . .In Norway, Mexico's Ernesto Canto shattered the world record with a 1:18:39 for 20 km. Daniel Bautista held the old record of 1:20:03. Marco Evoniuk was 10th in the race in 1:26:30 and also turned in times of 1:25:13 and 41:13 (10 Km) in Copenhagen the next week.

10 Years Ago (From the May 1989 ORW).—National 15 Km titles went to Rene Haarpainter (1:06:06) and Victoria Herazo (1:16:30) in races held in Long Beach. Steve Pecinovsky trailed Haarpainter by just over a minute, with Richard Quinn third and Allen James fourth. Kim Wilkinson was just 5 seconds back in the women's race with Sara Standley third. . .Tim Lewis won the National Invitational 20 Km in Washington, D.C. in 1:26:52, leaving Doug Fournier 2:14 back. Mark Manning, Gary Morgan, Steve Pecinovsky, and Curtis Fisher were all under 1:30 in the next four spots. . . Lewis also won the Penn Relays 10 Km in 41:22, followed by Fournier (42:33) and Morgan (43:00). The women's 5 Km went to Teresa Vaill in 22:38 with Lynn Weik second in 23:03.

5 Years Ago (From the May 1994 ORW).-Damiel Garcia beat Ecuador's Jefferson Perez by 3 seconds in 1:23:24 to win the Mexican Walk Week 20 Km. Bernardo Segura (1:23:30) and Hector Moreno, Columbia (1:24:03) were next. Al Heppner led a U.S. contingent with 1:32:49 in 39th. . In Durham, N.C., Dave McGovern beat Curt Clausen in a 20 Km, 1:32:06 to 1:33:21. Ian Whatley was just 3 seconds behind Clausen. In fourth was Mark Kautz, reportedly a 29 minute 10 Km runner just getting into walking, who did 1:33:51. Where is he now? I don't recall hearing anything of him since.

The official logo of this year's World Cup of Racewalking.



19th IAAF World Race Walking Cup Mezidon Deauville 1-2 May 1999

(The head and base are blue, the arms and chest yellow, and the legs red, but I'm much too cheap to pay for four-color printing so you can see that.)